

Creating and Maintaining a Wish-Weaving Circle

When you sign up for the 10-week Authentic Expression Wishweavers Circle, you have a built-in master mind group in the format.

But what about after the series is over?

You and your fellow circle members may want to continue on indefinitely in your own WW Circle. If so, wonderful!

If not, you'll find the tools you need to create and maintain your own Wishweavers group in my book, *Six Degrees to Your Dreams* (a bonus with the 10-week series) and in the two blog links posted on the membership site: Find a Weekly Wish-Weaving Partner parts 1 & 2.

It only takes two or three people to create a Wish-Weaving Circle. Up to six is good for a one-hour meeting, and a two-hour meeting will accommodate up to 12.

Remember to share your dreams and authentic next steps only with people who will support and buoy you with encouragement. There's no place for negativity, drama or nay-saying in this process – we tend to create enough of that in our own mind without help from others!

I recommend you not bring your romantic partner in as a wish-weaving partner. Pick people outside your spouse/partner, household, immediate family and friends – unless they are on the same path you are, ready to rock and roll and rocket right out of any constrictions or stuck points, into the best authentic versions of yourselves. *Those* are friends you can bring on board. Not the ones (still complaining or gossiping) who feel life is happening *to* them, rather than understanding they are *creating* their lives. These are the people you gather with around a proverbial campfire. Where you write your truth and assure, as a group, this authentic truth will be honored and uplifted.

Yet also remember, this process takes patience and commitment. Transformational change rarely happens overnight. If it does for you, I'm so happy! And perhaps a tiny bit jealous. It's taken years for me. Even the Transformational Voice[®] breath cycle took eight months to get into muscle memory.

Be patient with yourself, and honor yourself and your partners throughout the process. It will be well worth it.

Essentially what happens when you begin to do what you love is that you get a new employer: Spirit. Spirit always pays us in proportion to how hard we work. It's probably the first time that many of us will find ourselves being compensated fairly. But the paycheck doesn't arrive every Friday or even once a month. I don't want to scare you, but sometimes it can even take years. Still, it does arrive. And the first time you get paid for doing what you love to do will be one of the most thrilling moments of your life.

It's worth the wait. It's glorious. It's bliss. It's nothing less than experiencing Heaven on earth. As the English novelist Enid Bagnold reminds us, "There may be wonder in money, but dear God, there is money in wonder".

–Sarah Ban Breathnach, **Simple Abundance: A Daybook of Comfort and Joy** Remember, the world needs your authentic truth spoken in your authentic voice. Authentically Yours,

Laura